

## NEWS LETTER

## Dates for your Diary

Come & Play Party 20.07.2024 @11am

Last day of Term 24.07.2024

Back to school 04.09.2024

# UNDERSTANDING YOUR TEEN

Adolescents feel like a great mystery to their parents, often left wondering what they get up to when they close their bedroom doors once they get back from school, or simply what they are thinking

#### The session will cover:

- \*Child and adolescent emotional development
- **\***Understanding your child better
- \*Empathising with your child
- \*Adolescent emotional and mental health
- ★A chance to have your questions answered



The session is aimed at parents/carers of young people aged 12-18

email parentingserviceadmin@ealing.gov.uk to register or for more info

# Parenting Workshops 2024

7th Sept 10am-12pm

### **CONTACT EALING**

This workshop looks at support available for families of children 8 young people with additional needs, including information on education, health, social care and finances

## email parentingserviceadmin@ealing.gov.uk to register





